



**RULES OF THE  
INTERNATIONAL CHARITY RUN  
"URAL LEGAL RUN 2019"  
IN FAVOR OF THE  
"RUSSIAN CHILDREN" FOUNDATION**

**LOCATION, TIME, AND DISTANCE OF THE RUN**

**Date and time:** May 25, 2019, from 08:00 to 13:30

**Location:** Ekaterinburg, Palace of game sports (DIVS), Olympic embankment, 3.

The Run program includes the following distances (with timing).

- 3km run;
- 5km run.

Time limit for the 3km distance – 1 hour.

Time limit for the 5km distance – 1.5 hours.

**RUN PROGRAM**

<b>8:00</b>	Opening the start/finish camp; assignment of numbers to the participants for the 3km and 5km distances; opening the locker
<b>9:00-9:30</b>	Ural Legal Run Opening
<b>9:30-9:45</b>	5km Warm-up
<b>9:45 – 10:00</b>	Line-up in the start zone
<b>10:00</b>	<b>5km Start</b>
<b>10:30-10:45</b>	3km Warm-up
<b>10:45-11:00</b>	Line-up in the start zone
<b>11:00</b>	<b>3km Start</b>
<b>12:00-12:30</b>	Award ceremony for winners and medalists for the 3km and 5km distances, Legal Run T-shirts for participants
<b>12:30-13:00</b>	Kids Run and Award ceremony
<b>13:00-13:30</b>	Official closure
<b>9:00-13:30</b>	Music performance, sports entertainment

## **REGISTRATION OF RESULTS**

The winners and medalists of the Run distances are determined by the fact of crossing the Finish Line in accordance with section № 165.24 IAAF.

The result log will be available online on the official website of the Run at <http://legal.run>

## **GENERAL TERMS AND CONDITIONS**

The Run is open to all those wishing to participate aged from 18 and over who have transferred the entry charity fee to the "Russian Children" foundation. Every person who is given a number on the day of the Run is considered as a Participant of the Run.

The total number of the participants of the Run is limited for both distances to 400 (four hundred) persons.

## **PREPARATION AND RUNNING**

Preparation and Running are conducted by the Organising Committee represented by law firms officially supporting the event (hereinafter referred to as the "Organising Committee" or the "Organisers"). The Judges are approved by the Organising Committee.

The Organising Committee approves the current Rules of the Run and, where necessary, is authorized to amend them without prior approval of the Run participants.

The duties of the Organising Committee are limited to the following:

- Registration of the participants on the website at <http://legal.run>
- Approve of the Run location and distance by the administration of the DIVS and city officials
- Arranging refereeing and recording of the results
- Arranging medical assistance during the Run and any other actions contemplated by the "Participant Package" as specified in the Run Rules.

## **REGISTRATION**

Registration of the Participants is available online at <http://legal.run>. The registration starts on 1 April 2019 and finishes on 24 May 2019, or when the limit of 400 Participants is reached.

A registration number and the Participant's package are provided on the day of the Run (25.05.2019).

*Registration is not available on the day of the Event!*

The registration charitable fee (hereinafter referred to as the "fee") is 700 rubles (seven hundred rubles) for both distances. Payment of the fee by the participants of the run is made by submitting a payment form on the website of the charity "Russian Children" at the moment of registration at <http://legal.run>

Registered person is considered to have applied online and paid the fee. A person who has been given a starting number on the day of the Run is recognized as a Participant in the Run.

If you refuse to register and / or participate in the Run, you shall not be entitled to refund the contribution. Re-registration to another person is not allowed.

On receipt of a number, the participant must sign the Application, according to which he / she completely removes from the Organisers responsibility for the possible harm to health caused to him / her during the Run. The application form will be provided by the Organisers. Foreign citizens are advised to have a medical insurance covering participation in sports activities.

## **AWARDS**

Awards at a distance of 5km for men and women:

- Men: 1-3 places;
- Women: 1-3 places.

The winners receive cups and prizes from the partners of the Run.

All the finishing runners receive medals.

Awards at a distance of 3km for men and women:

- Men: 1-3 places;
- Women: 1-3 places.

The winners receive cups and prizes from the partners of the Run.

All finishing runners receive medals.

The Organisers also give a special award for "The most sporting corporate team of the Ural Legal Run 2019."

## **PARTICIPANT'S PACKAGE**

### **At the start line:**

- breastplate start number
- a bag for the storage room
- storage room
- men's locker room, women's locker room

### **During the run:**

- water, lavatories
- medical assistance at the start / finish
- 3km and 5km time (finish record)

### **At the finish line:**

- Legal Run T-shirt (please be aware of a limited quantity)
- Legal Run medal
- Email with a personal result

## **DISQUALIFICATION**

Judges shall disqualify the Participants in the following circumstances:

- the participant ran under the registered number of another runner;
- the participant reduced the distance;

- the participant ran a distance without registration;
- the participant used an improvised means of transportation;
- the participant started the run before the official start;
- the participant started the run after closing of the start zone;
- the competitor ran to the finish after the closing of the finish zone;
- the participant commenced the run not from the start zone;
- the participant ran without a breastplate starting number.

## **INFORMATION**

Full information about the Event is available online at <http://legal.run>.

The Organising Committee is not responsible for information published on other websites.

These Rules may be amended or terminated unilaterally by the Organising Committee without any notice to the Participants.

**THE RULES CONSTITUTE THE INVITATION TO REGISTER FOR THE RUN**

**LOOKING FORWARD TO RUNNING TOGETHER!**

